

<b>"Mount Rushmore" of Illinois State Cross Country Runners</b>		
<b>Craig Virgin</b>	Lebanon High School	Widely considered the greatest runner in Illinois history. Still holds State Record of 13:50 for 3 miles at Detweiller Park. Two time world champion. Two time Olympian.
<b>Chris Derrick</b>	Naperville (Neuqua Valley)	Holds the second fastest time in Detweiller history. Went on to win 3 consecutive US Cross Country Championships. Holds the American junior record in the 5000 meters.
<b>Tom Graves</b>	Orland Park (Sandburg)	Was one of the most decorated runners in Illinois history. Holds 4th fastest time at Detweiller. 2 time State Champion in Cross Country along with 4 titles in Track and Field.
<b>Lukas Verzbicas</b>	Orland Park (Sandburg)	2 time State Champion with the third fastest time ever run at Detweiller. Won Foot Locker National Championships two consecutive years. Became first runner to win Nike Nationals and FLCC in the same year. Holds High School national record in two mile at 8:29:46

<b>Extremely Honorable Mention</b>	Let the debate begin!!	
<b>Jorge Torres</b>	Wheeling H.S.	Placed 2nd, 1st, 1st, 1st in 4 trips to Detweiller's State Meet. Fastest time Senior year at 14:00. Junior year 14:15. Sophomore year 14:29. Freshman year 14:37. Only runner to win 3 state CC titles at the highest level in Illinois history.
<b>Jim Spivey</b>	Bensenville (Fenton)	Placed 2nd Junior and Senior years behind Tom Graves of Sandburg. Ran 14:16 and 14:00 those years and went on to become an Olympian.