

Lincoln Way East / Lockport Triangular

Tuesday April 12, 2022

Hosted By Lincoln Way East High School

FAT Timing

Shot Put	Distance	PL	Discus	Distance	PL	High Jump	Height	PL
Zach Barrett	12.25	6th	John Durkin	30.71	5th	MJ Nkwogu	1.78	1st
Vince Fennessy	10.77		Zach Barrett	29.08	7th	Sean Weisgerber	1.52	5th
John Durkin	10.1		Kevin Danowski	28.24	8th	Brandon Futrell	1.52	7th
Cameron Wiegel	9.82		Cameron Wiegel	25.83		Zeeshan Khan	1.47	8th
Mohammad Salah	8.93		Mohammad Salah	21.92				

Long Jump	Distance	PL	Triple Jump	Distance	PL	110 M Hurdles	Time	PL
Martynas Didiulis	3.92		Kevin Danowski	3.55	4th	Lance Somerfield	:19.28	1st
						Ryan Welch	:22.29	7th
						Nathan Gray	:23.13	

100 M Dash	Time	PL	200 M Dash	Time	PL
Prince Alexander	:12.32	4th	Lance Somerfeild	:25.16	5th
Zaid Nasrawi	:12.54	6th	Dorian Eady	:26.14	
Brandon Futrell	:12.56	8th	MJ Nkwogu	:26.30	
Declan Glynn	:12.81		Tom Gifford	:27.97	
Walter Davis	:12.85		Walter Davis	:29.18	
Liam Paz	:13.22		Blake Rosy	:31.42	
Tom Gifford	:13.48				
Brandon Nieves	:13.63				
Nathan Gray	:13.70				
Aidan Sebastian	:13.73				
Isiah Sosa	:15.11				
Jakub Pikul	:15.92				

300 M I Hurdles	Time	PL
Lance Somerfield	:44.96	4th
Harrison Meyer	:48.43	
Ryan Welch	:51.40	
Taurus Alonso	:51.65	
Christian Evans	:56.82	

400 M Dash	Time	PL
Taurus Alonso	:57.77	4th
Nadhif Rabbani	1:35.01	7th
Jack Easterhouse	1:04.42	
Mohammad Houran	1:07.74	

1600 M Run	Time	PL
Evan Diemling	5:07.49	7th
Will Kupczyk	5:11.23	9th
Lirian Shabani	5:25.57	
Nate McGee	5:32.18	
Connor Wholley	5:50.95	
Isaiah Binfa	5:59.33	
James Coppinger	5:59.58	
Jack Nicholas	6:03.38	
Aryan Patil	6:04.94	
Anthony Murphy	6:05.19	
Andrew Barrera	6:06.32	
Zelalem Ebert	6:09.85	
Alex Van Alst	6:12.72	

3200 M Run	Time	PL
Declan Tunney	9:23.76	1st
Sean Marquardt	9:54.27	2nd
Brock Rice	9:59.82	3rd
Grant Giblin	10:11.06	4th
Ibrahim Tineh	10:39.81	5th
Luke Atzman	11:02.92	6th
Damian Martinez	11:19.31	7th

800 M Run	Time	PL

4 x 800 Relay	Time	PL

4 x 100 Relay "A"	Time	PL
	:44.64	1st

4 x 100 Relay "B"	Time	PL
	:47.58	4th

4 x 200 Relay "A"	Time	PL
	1:41.23	1st

4 x 200 Relay "B"	Time	PL
	1:42.43	2nd