

Time Trial

Monday, April 28, 2014

Low 50s, rain

800:

Brower	2:16
Lahucik	2:21*
Markey	2:22*
Peters	2:23*
Mangold	2:24*
Stogin	2:24
Papan	2:25*
Sanchez	2:25*
Starzec	2:28
Walsh	2:37
Mi Bovard	2:37
Wieczek	2:59

1600:

Szymanski	4:54.8*
Sieczkowski	4:56.5*
Wagner	4:58.9*
Foster	5:14*
Ma Bovard	5:34.5
Cachares	5:38*
Kos	5:58*

3200:

Benz-Weeden	10:37*
Lopez	10:56
Carollo	11:14
Cavalier	11:20
Claure	11:43
Raheja	15:10

Comments:

Lots of PRs. Lots of effort. Lots of passion. I love it! **Alex Szymanski, Paul Sieczkowski and John Wagner** all went under 5:00 for the first time. They had to run it down in the last lap and were tough enough to get it done this time. Szymanski has turned into quite a stud! I love Manish's willingness to give the 3200 a try. That is a great attitude! That shows character in wanting a challenge. Some guys here earned SWSC roster spots with their times, some with their passion; all with their determination.